JOHN D ROBINSON ALWAYS MORE



NEW & SELECTED POEMS



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PRAISE FOR JOHN D ROBINSON

John infuses this book with his unique view of the world, and it isn't a sugar-coated view. He writes about mental illness, domestic abuse, drug and alcohol addiction, love, sex, and the struggle he goes through to keep on writing. He knows these things from personal experience, but the main thing about John is that he doesn't leave us feeling hopeless. That is the crux of his message — there is light shining through where hope lives on in the end. Thank you John, for the opportunity to invite us into your world.

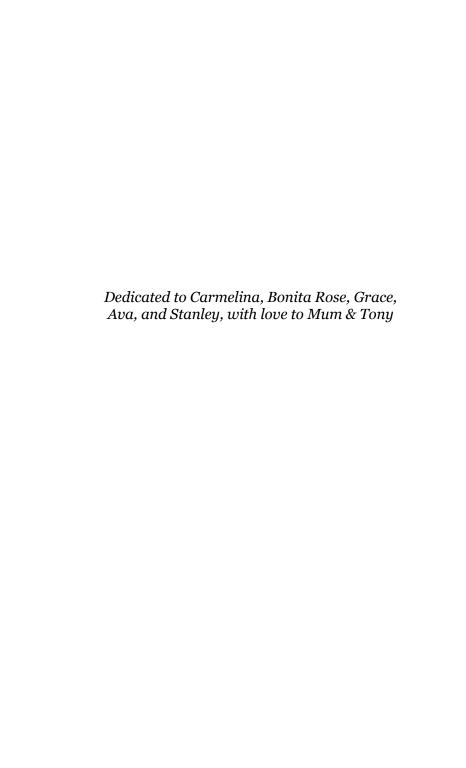
-Carol Draime, author of *The Bridge*

John D Robinson's stark and honest poetry pulls no punches and gives zero fucks. This selection will take you on a journey through the good times and the bad. He simply tells it like it is.

-Martin Appleby, Paper and Ink Zine

These are survivor poems, battle scarred verse that hits the soul and assaults the frontal lobe. Here is a poet who has lived several lives and emerged on the other side intact.

—Joseph Ridgwell, author of *Burrito Deluxe*



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THIS POETRY BUSINESS

'Okay, so what is it?
That some poems of
yours have appeared in
a literary publication?
What does that mean?
What does it do for you?
So fucking what!
Who gives a shit?
Blow it up my ass!
The world doesn't know
or even notice
shit like that,
it's far too busy!
And what's the point
of it all anyway?'

'I don't know' I replied

THE CONCERNS

'You only seem happy or content when you're stoned or drunk or both, all your waking hours are consumed by this and of course, sex' she said

'That may be' I said 'But I'm a poet'

'So that gives you a free licence to be an alcoholic drug taking bum whose only concern is with his own little seedy world'

'I haven't signed a contract' I said

'Don't call me, I mean it this time, don't call me again'

The door opened and slammed shut, the sun had spent herself and I opened a bottle of wine

WAY BACK WHEN

I'd undo my school trousers, she'd be wearing her short school skirt and we'd find some discreet place and let our hands freely explore one another

We barely spoke, there was nothing to say

Our eyes screamed as our innocence began to melt, our fingers wet with lust and something we didn't understand but couldn't stop

We'd lean upon each other, feeling guilty about something we didn't know of, but we were damned if that was going to stop us

DANGEROUS

Standing at the urinal dick in my right hand when half-way through my mobile began to ring

With my left hand I fish inside my leather jacket, jiggling and wriggling this way and that before finally retrieving it, answering 'Yeah?'

'Hi, are you okay?' she asks

'Well, I've got my hands full at the moment' I say

'Where are you?' she asks 'I can hear an echo'

'I'm taking a piss in the supermarket crapper'

I look down at my shoes, noticing I'd splashed them

I glance over at the guy in the urinal beside me and for some reason I give him a wink

He frowns, quickly zips up and disappears

'Are you there?' she asks 'I need some cigarettes'

'They're bad for you' I say

'So are you' she says

I don't argue with her

I zip up, wash my hands knowing that I am more dangerous than a pack of cigarettes

And I step back into the supermarket feeling invincible as I join the queue with the other nicotine addicts

LOSING IT

I hadn't expected so much blood and she hadn't expected so much blood

And it shocked us for a moment and there came a strange silence between us as we beheld the bloody sheets and we held each other close to make it feel right

Her mother sound asleep, in the next room, while from outside we heard the yelps of urban foxes

THE SCENT

The scent of your pleasure upon my lips takes me back to earlier days and to times when time was something we took for granted

And now, some years later, your passion sweet as ever and the clock-hands dare not move but rather hesitate and linger like two weary birds upon a gently swaying cable-wire

DIDN'T HAVE A CLUE

Fully clothed, I awoke next to an old, old woman, whom I didn't know and she was also fully clothed

Her skin wrinkled and sallow, almost translucent, toothless mouth agape and snoring like a chainsaw

Surging to my feet, I lurched for the window and puked my guts out into the streets far below

I wiped my mouth and found my back down a flight of creaking stairs to where an old, old man sat asleep in his armchair

I found the bathroom stole some valium splashed cold water on my face and then I staggered down another flight of steps

I pulled a beer out from the fridge before locating the front door and then I walked outside and vomited once again

I didn't have a fucking clue of where I was but I knew I'd find my way back home some way, somewhere, somehow

I would do it, cos there was no place left to go

THE TOUGH GUY

In my teens and early twenties, I thought of myself as one of the tough guys: in the army, in the factories, in warehouses and work placements but construction sites were quite an awakening

I found most other guys were twice my age, my height and weight, worked twice as hard, drank twice as much, fought twice as harder than I did

Very unwisely, one summer afternoon, I chose to pick a fight with one of them

This quickly escalated into a scene of much potential carnage

It took 5 guys to hold back my assailant, stopping him from tearing me limb from limb, and it took 2 guys to stop me from running away

And as things began to cool and tempers leveled out, my heart rate slowed back down to its regular rate and I thought of something Sonny Barger once said:

'Everyone's a tough guy until they meet one'

THE GARAGE ROOF

'What the fuck are you doing on our garage roof at midnight?' he hissed at me through the window

I was intoxicated and the sudden opening of his bedroom window had startled me a bit

'I've come to see your sister' I explained

'Is she expecting you?' he asked, smiling wryly

'Kind of' I replied 'Here, have a drink' I said offering up the bottle of wine

He shook his head in response

'Just come in and be quiet' he said

'Thank you' I said as I climbed in through the window

'Be sure to leave by the fucking front door and don't fucking disturb me again' he said

He was 15 years old and his sister was 6 years older; I was a few years older than her and we were in love

Her parents knew nothing of our romance and this was best for all concerned

By 4am I left the house by the front door as requested

'Goodbye' she said from her bedroom window

'Yeah, see you again' her brother said from his bedroom window before closing it softly behind us

HE'S EVERYWHERE

Without doubt, he was the most obsessive, possessive, aggressive and paranoid sociopath I have ever known

Every word emitted from his mouth was a negative, a vile or coarse put-down of his wife or his children and it was always done with a childish sense of humour

He was driven by something ugly and he would telephone his wife a dozen times a day to ask where she was and whether she with anyone and had she spoken to any men and when he kindly permitted her a rare night out, he'd inspect her knickers for sex stains upon her return

It was okay for him to fuck other women but this attitude didn't apply to his wife as far as he was concerned

But she fucked others anyway, mostly his friends and he didn't have a fucking clue of this

He fathered 4 children and at various times threw them up against walls or down to the floor and he threatened to cut the brakes on their bicycles or shred favourite clothing or smash up toys and computers and other precious things they enjoyed

He was of large stature and a low intelligence and he was scary at times and he's your next door neighbour, he's your father or brother, he's a judge or a banker or perhaps a social worker, he's a chef or a policeman or a farmer or a miner or maybe just a lazy son of a bitch

He's everywhere and the chances are, you know of him already

A SNAP-SHOT OF JOANNA

She wasn't too fussy what drugs she took or how she took them

Shot, snorted, smoked or swallowed, it didn't mean a thing to Joanna

She had a big heart and was perhaps overly generous and this was rarely, if ever, to her advantage

She once told me that one time she was on her way to see her dealer for an early morning cocktail when she was stopped by an unkempt and disheveled old lady who told her that she had no money or food

Joanna opened up her purse and gave the old lady her drug money

She would prostitute herself to quench her chemical thirst and this often put her in dangerous situations

A few years back she just barely survived a frenzied knife attack by a deranged speeding stranger

And I'd see Joanna, passed out in the street, skimpy clothing revealing her tortured body

And I'd think of her two children who had never known their mother and her silent parents who lived someplace far away

She had no friends she could rely on, no one to turn to for comfort, for love or whatever she felt was missing from her life

And she died of a heart-attack, just days away from what would have been her 34th birthday, and she will be all too soon forgotten in a world that revolves around narcotics

In a world seeking something to ease the pain and banish the awful darkness of the heart, we could never understand no matter how hard we tried, we couldn't

And it'll beat me one day too, just as it did you, Joanna

A DAY OFF

I stayed home by myself

The house phone didn't ring and the mobile was switched off all day

No fucker knocked on the door to tell me where my life was going wrong

I took some codeine and smoked some joints and then took the dog for a walk and I didn't see a single asshole to bother me

I made lunch and then took a nap and no one expected anything of me

And I listened to the radio and I didn't give a shit about anyone else and it felt good

Like a day off from every fucking thing in this life that we've made for one another

NEIL AND THE KITTY CAT SCRATCH

We'd met at a compulsory government work placement for the unholy wayward misfits of all kinds

Neil was tall and solid with one static eye and a grand sense of daring and mischief, and we got high on the garage fumes and smoked grass in our lunch breaks and swallowed pills without knowing what they were

And one time, Neil was giving the task of painting a 'NO SMOKING' sign in 3ft red lettering upon the wall

Hours later, Neil hollered that he had finished

He had painted 'NO SMOCKING' but no one had the heart to tell him as he stood pleased and proud of his artistry

This was years ago, but then one day recently, we chanced to meet outside of the offices where I work

We greeted one another before I stepped back and stared down at the stump where his arm had once been

'How the fuck did that happen?' I asked in disbelief

'My cat scratched me,' he said 'It became infected, I ignored it, and then it was too late. I went into surgery and came out 4lbs lighter"

'A kitty cat scratch?' I asked

'Yeah' Neil said with a grin 'But the drugs they gave me are fucking brilliant, I'm wasted anytime I like'

And I watched him roll a cigarette, quite the trick with one hand, but he smiled just like he always did

I offered him a light and looked at his stump and thought of what his arm looked like 20 years ago

And then we looked at one another, and he smiled and he said 'It's cool man, really. Stay lucky!"

He turned and walked away, and I thought of my 4 cats, and 'NO SMOCKING', and Neil from back then, and his severed limb upon a cold steel tray

And then I dragged my lucky, sorry-ass self back into work

A TALE OF PARENTING

Her parents weren't to blame, honest hard-working folk; they raised 3 daughters but the middle girl caused them much sorrow

She took to speed and alcohol and bad men and she had 3 children of her own, 2 girls and a boy

Bringing up children didn't quite work out and the grandparents often took their custody

The baby boy was taken into foster care from birth and he never even knew or met his mother

One time she unexpectedly turned up at my apartment, we smoked some grass and drank some wine but she was also friends with my estranged wife

Weeks before her death I saw her on the street

Yellow skinned and bloated, I knew she wouldn't last, her kidneys packing up and heart worn out already

She took a beating from a loan-shark on behalf of the asshole she'd been living with and a few weeks later she died in hospital

A few years prior, her eldest daughter had been sentenced to life for attempted murder

She was 15 years old, a near fatal stabbing, knifed the guy's gut and then ripped the blade upwards

She writes poetry in her cell and it is really quite good and the bastards took her to her mother's funeral handcuffed and flanked by 2 officers at all times

She writes poems in her cell and they are really quite good and she dedicates them all to her mother

CONSULTATION ROOM 1

A black and white fluffy tough-fucker veteran warrior brawler of 16 years

He'd take no prisoners and he'd take no shit but he was very sociable and one time he went walkabout for a couple of weeks and returned home hungry and limping with a slashed footpad

He was almost mute; he would open his mouth wide and make all the gestures but no more than a squeak would come out

He had feared nothing in life; I had seen him square up to an excited Rottweiler and challenge moving vehicles and noisy garbage trucks didn't bother him none

And I always figured that, following a nuclear war, only 2 beings would be left alive:
Keith Richards and my old cat, Souly

I've my doubts now; he's no longer moving well, he's neither eating nor drinking, but when he looks up at me, I can see no trace of fear in his eyes

He still gets outside to toilet, making sure that if it's the last thing he does, he'd shit in the next door neighbour's garden

His mouth opens and emits a small cry and I lay down beside him to stroke his back and he purrs just as loudly as ever

And he lasted a further 3 days after that, moving ever closer to his end, until finally it was time to let him go

I took him to the vet and I spoke to him as the nurse depressed the syringe

'Goodbye my old friend,' I said 'I'll see you around the corner'

I kissed his face one last time and then walked away, heading for the nearest store to buy some wine

FOR THE BETTER

There are days, perhaps too many, when for my own safety and for that of others, I stay in bed or at best don't leave the house

But even this is no guarantee

Like today, I was at the kitchen table, reading from my 1st edition copy of Dan Fante's A Gin-Pissing-Raw-Meat-Dual-Carburettor-V8-Son-Of-A-Bitch from Los Angeles' when there came a rude knock at the door

I wasn't expecting anybody

'Who the Fuck!" I barked as I put my book down

I opened the door to two silver haired, well dressed persons, one male and one female

'Yeah?" I said, glaring at them

'I've some pamphlets here" the guy said, holding up some glossy paperwork asking WHO REALLY RULES THE WORLD?

I stared hard at the guy, fixing his eyes and said "I do"

The silver haired lady let go a nervous laugh; when I turned my gaze to her, she stopped and took an interest in her shoes

'Is that all?' I asked, looking back at the man

He looked puzzled, frowned and said 'Yes'

I closed the door and made some espresso and watched the rain begin to fall outside, anxiously waiting for the next asshole to intrude upon my life

LIT TALK

Not often do I read fiction

My wife reads it feverishly, crime and thrillers, murder mystery novels and often she will tell me of the plots and of the characters and I never feel impressed and will scratch behind my ears or tune into the radio

'Well, what are you reading?' she asked me one time

'Okay' I said 'I'm reading some fiction right now, Tropical Animal by Pedro Juan Gutierrez'

'What's it about?' she asks

I tell her
'It's about fucking and
poverty and filth and
survival and censorship and
desperation and fucking
and rum and cigars and
broken men and women
and some more fucking
and painting and poetry
and the seedy sleazy world
of Havana and then there's
even more fucking'

'Oh!' she says
'It's starting to rain,
I better go and get
the washing in'

NO RETURN

Crackling from the Sunday radio came a voice:

'Now let us pray
for the broken hearted
and the lost souls of our world,
the alcoholics and drug addicts,
the ghosts of our towns and cities
that have wandered far from
the path of righteousness
and now walk the roads of sin;
let us pray that the gates
of heaven open up for
our brothers and sisters,
for these wretched spirits;
let us pray'

I had just finished rolling a joint of very powerful weed and I felt thankful that someone was sparing a little time with a prayer for me without expecting anything in return

ON MEETING AN UNDERGROUND POET

Uglier than the photos portrayed, with long, thin greying hair and a mouth full of stained and rotten teeth; his voice was brittle yet warm

I ordered him a beer and an orange juice for myself before answering the question on his face:

Why wasn't I drinking?

'I went to a party in 1979 and walked away in 2009, and now I don't drink during the day; I take enough codeine to slow a herd of elephants and I smoke countless joints and then I lift a glass of wine about mid evening'

He smiled, nodded his head, like he knew what I was talking about

I knew we were going to get along just fine

HAVING A DRINK WITH THE OLD MAN

I had left her in bed; it was early morning and we needed a loaf of bread

By chance or by fate, or just plain bad luck, we met and he asked "Fancy a drink?"

"Of course" I said

"Where?" he asked

"Your choice" I answered

We ended up on a ferry, crossing the channel into Belgium, and for three days and nights we stayed drunk and crazy and slept a few hours in a bus depot and we staggered into carnivals and danced with nuns and kissed the hands of fat barmaids

And then, 3 days later, returned home weak and fragile and vulnerable but my lady was angry, very angry

'You bastard!
I've been phoning hospitals
and police stations
for 3 fucking days,
I didn't know if you
were dead or alive!'
she screamed

'You're a lousy thoughtless beast, and you didn't even bring back a fucking loaf of bread!'

DURING THE LAST WEEK

Ricky, the carpet man, said to me that he was 'living the dream' though he looked fatigued and could barely raise a smile

One of my asshole bosses said that he was 'not too shabby' but I could see that he was clearly deceiving himself

Simon, a young factory labourer, said that he was 'trying to make it happen' but gave no further details

Tom, the gardener, said that he 'could be worse' and of course he was damn right

Murray, the removal guy, told me that 'it's hellish, a different hell every fucking day'

And I could see through his thick, black and grey pirate beard that he was speaking his truth

Carmelina, after reading a poem that mentioned her beautiful breasts, said to me 'How would you like it, if I wrote about your dick all over the internet?'

I thought, it'd be okay, providing it was complimentary, but instead I said 'I couldn't give a shit'

Jean, a long retired bank exec, said that she 'wanted nothing more than to die' but she didn't have 'the courage or imagination' to kill herself

And I could even see death looming, waiting in her shadow, resting against the blank wall behind her

SUPERVISION

'I want you to write a list for our meeting tomorrow' my supervisor requested, 'something that will be helpful to both of us'

'Okay' I said and made the list as requested

Here it is:

Don't be aggressive Don't use obscene language Don't bang fist on table or raise and extend middle finger Don't be sarcastic Don't get angry Don't make threats Don't throw stuff around Don't spit or curse Don't get belligerent Don't be subversive Don't be antagonistic Don't be provocative Don't be hostile Don't be inpatient and most of all Don't be an asshole

I gave him the list and he wrote at the bottom 'Don't forget this list'

WITH THE JOB

I was living in this small room that came with the job

The other 5 rooms were occupied by women

We shared bathrooms and they would drape their thongs and stockings on the radiators to dry, a pleasant distraction while bathing

They all had boyfriends; I had an on-off thing going with a couple of girls but mostly I'd just stay in my room drinking wine, smoking and listening to the radio

And sometimes one of my neighbours would knock on my door late at night, upset following an argument with their boyfriend

And I'd offer them a drink and we'd sit upon my bed and I'd listen as they bitched about their guy

I'd look them over and imagine what I'd do if they were mine and then they'd thank me for my kindness and understanding

And then they'd rise and leave me all alone and aroused, staring out the window with less wine

A KEY MOMENT

At the time I was occupied between my woman's thighs when I heard a key enter my door

Turn, click, and open

I quickly sat up and looked into the face of a former lover

'I came to return your keys' she said, looking at the woman sprawled out across my bed

'Yeah, thanks' I said taking the keys as my new lover giggled and the door slammed shut and we were alone once again

Before picking back up where we'd left off, I dropped the keys into her hand-bag on the floor beside the bed

WHAT HAVE SOME OF US BECOME

She died aged 2 years old weighing only 13lbs; prior to her death she'd been starved for days

100+ physical injuries, belt marks, bite marks, cracked ribs, missing teeth and trauma blows to her head, deep cuts stitched at home with needle and thread

She was locked in the bathroom and slept in the bathtub covered in blood and faeces

She was just 2 years old when she was tortured, starved and sadistically murdered, like her life meant nothing at all

She had never once been outside of the house; the neighbours didn't know of her existence

Her mother has a history of drug abuse and child neglect and has an IQ of 67 and may evade the death sentence for this reason; she is pregnant with her 8th child

Her father has a record of violent assaults upon women and minors; today he was sentenced to death and well-paid legal bodies will plead for his life like his daughter did for hers

He is 32 years old, guilty of vicious cruelty and murder; she was just 2 years old and guilty of nothing

Her life was pitifully short, never knowing of love, knowing nothing but pain and suffering, seeing no one but those brutal bastards

Death must have been a true relief

I'm no believer, but I like to think that she's now in a better place, finally getting to know of gentle love

SPITEFUL ANNIE

Annie was a long term junky who had switched to being a spiteful alcoholic

She came from wealthy country folk who constantly bailed her out of jail and homelessness

One cold night I took 'C.E.O. Tony' around to her place to make the guy a sandwich

'Why the fuck do you keep bringing these bums around here?' Annie asked and then, 'He's not going to shit himself is he?'

'I hope not,' I said

Meanwhile, Tony had fallen asleep, slumped in a wooden chair

'I'm going,' I said 'I've got work tomorrow morning'

'Fuck you' Spiteful Annie said, 'You pussy'

I didn't argue with Annie, she was spiteful and it was getting late and she was right

A FRYING PAN

It was a vile potion of vodka, beer, wine and cider and it was always just a question of time before some kind of shit would happen

'Fearless Fred'
was not an alcoholic;
he was a 'house-breaker'
by trade and he was,
by all accounts,
quite good at it;
his climbing and
scaling of buildings
was near on legendary

We were in a flat up on the 14th floor when 'Wonder-Tramp' dared 'Fearless' to climb up to the 17th

'Fearless' was drunk but he wasn't stupid and he wisely refused the challenge

'Wonder' made a move for the window himself, grumbling beneath his breath that he'd 'fucking do it himself'

We urged him not to do it, to forget about it and have another drink, but he was drunk and belligerent and adamant in his quest

It took a blow to his head with a heavy frying pan, delivered by his wife, to make him stop

WATCH-OUT

We opened up all the windows of the moving car

The fly was ignoring this and flew around unabated, irritating and annoying the hell out of us both

My wife swiped at it across the steering-wheel

The fucker was quick, but I saw it coming towards me

I didn't want to murder it; I karate chopped it with my right hand, stunning the thing and knocking it towards my open window

Instantly, I followed up with a lightning left backhand that knocked the fly clean out of the car

It was awesome; it took me by surprise and I knew this feat would never be repeated again

I felt just like a codeine-hash stoned Bruce Lee

'Did you see that?' I asked

'See what?' she asked

'What I did with that fly!'

'Fuck the fly!' she said, having sadly missed my display of superhuman powers

SHIT ART

I was way out of my depth, in London, at a private viewing of works made out of cowshit from India; the artist had spent 6 months on a grant finding the muse

He'd framed the pieces behind glass with typed explanatory notes beneath that made no sense to me

After 15 minutes
I became bored of
staring at cow shit and
hearing the phony voices
of the pretentious viewers
and I asked my friend,
who had invited me along,
where the nearest bar was

He looked at me with disgust

'Across the fucking road' he said 'Just don't be late for the bus, you've got 2 hours!'

'Fuck you' I grumbled as I turned and walked away

Apparently I snored like a drunken fucking jack-hammer the entire 100 miles back home

He never asked what I thought of the exhibition and he never invited me to another one, either

ARE YOU

'Okay' I said 'You don't have to answer these questions, they're not obligatory'

'I'll oblige, I'll answer the questions' said the sweating, heaving, hulking beast sat opposite me

'Okay' I said
'Are you:
Heterosexual
Gay
Bisexual
Transsexual
Celibate
Same gender as at birth
Impotent or
incompetent?'

I smiled as warmly as I could

'None of those' the wobbling, perspiring, toothless, hairy-chinned creature answered

'Okay' I said

'I'm normal' said the monster, trying to perform a smile

'Yeah, I thought so' I said, ticking a box

ALWAYS MORE

Julian was tall and skinny, too skinny perhaps, and he was gentle, creative, articulate and very effeminate in his mannerisms and manners

When we first met he was kicking heroin and for 3 or 4 days I witnessed his withdrawal and I held him and he clung to me and then he found God and fell in love with a friend of mine who had also recently been reborn

They married and had 2 sons, the marriage lasted perhaps several years, and then Julian split with God and his wife and children and found a male lover and moved from town to city

His sons visited a few times and retuned with tears and cigarette burns and bad dreams and they never saw their father alive again and neither did I

Later, his lover died of AIDS and Julian had the same diagnosis

He committed suicide and I remember Julian one time telling me of blowing truck drivers in midnight deserted car parks and that he would have done anything for a push of heroin but God had saved him

There's a lot more to this story as there will be to yours, but for now, for Julian, this will do

THE NEXT MOVE

I was wearing an expensive American football jacket that didn't belong to me with an XXX pornographic magazine stuffed into the inside pocket, which wasn't mine either

I was staggering around in an apartment that I didn't belong in and was wondering in a speed and brandy fueled frenzy just what the fuck was going on

I fell asleep in a utility room beneath a pool table and was awoken by the loud voices and footsteps of children upstairs

I quickly pulled myself up and found an exit that led into a large back garden where I collapsed beneath a tall tree

3 or 4 hours later, I awoke once again

I was miles from home, I was fucked up and felt like crying and then I found a joint in one of the jacket's other pockets

Although this didn't belong to me either, I lit it up, breathed in deep and began thinking of my next move

MISUNDERSTOOOD

'My mother doesn't understand me and it's upsetting to me that she doesn't understand' she said to me

A squat, bald, toothless 64 year old guy who had recently (and superficially) changed his gender, he was no longer Colin but Julie and wore a huge and hideous oversized blonde wig, a gaudy orange dress, clumsily smeared-on makeup, and an ill-fitting pair of bright red flats

She told me that when she first visited her mother in the care home as Julie, her mother had laughed, for the first time in years, thinking that it was a joke

And it took a while before he could explain to her that he'd had these feelings all his life and now was the time to finally let free his inner self

And her mother said that she would never be able to bring herself to call 'him' Julie and that he'd always be her son Colin and that it was probably just a phase he was going through and that he would eventually outgrow it

'Maybe she needs time' I suggested

'She hasn't got much time left, she's 96'

'Maybe shaving the beard would help some'

'I've been thinking about that' she said

THE ACCUSATION

'Some asshole told me that you write poetry!'

'That's just fucking ugly gossip bullshit' I said

'I thought so' she said as she ordered another round of vodkas

'I mean I knew it was bullshit, you can't even spell your own name!' she said laughing

'Spell it? Fuck, I can't even remember it half of the time'

CODEINE HAIKU

The heaviness of the limbs, adrift in Mahler, the morning has gone

DIAZEPAM HAIKU

She hits me gently, calms the inner flow to a beautiful trickle

GRASS HAIKU

The shackles of green perforate the chains holding ransom to a truth

WINE HAIUKU

The sharp crackling of ice cubes as the vine is poured no holier sound

HANG IN THERE

Hang in there like a ghost falling into the rain, like a ship drifting into a smothering fog

Hang in there like it's your last breath, the final word spoken, the last page read and turned

Hang in there and scream the injustice you feel, that you see, as a third of the world's human population lacks shelter, food and water

Hang in there like heaven itself awaiting its fate, like waiting for the man on a street corner who will make things good again

Just hang in there, whatever it takes

THE TWO GIRLS

I had read poetry in a local bar and she took me back to her room afterwards

We had some drinks and smoked a joint and then she took off her shirt

She had very large breasts

I was flat on my back as she straddled me, took my hands and placed them on her breasts and then unzipped me

Next thing I knew, she was lying there beside me; I couldn't remember a fucking thing but I admired and gently fondled those breasts of hers as she whimpered and moaned in her sleep

I licked and kissed her nipples for a while and got aroused myself and then from out of nowhere a beautiful white fluffy long haired purring cat pounced upon the bed; she snuggled in close and fell asleep

I left the two girls sleeping and made it home in time for breakfast

BICYCLES AND BUSHES

'I swing both ways, though I prefer males' he once told me

'Physically I haven't had a partner for over 20 years, but let me tell you something, cycling is sexual'

'I mean I cycle
60 miles or more
every couple of days,
and say after 15 miles or so,
I need to pull over and
find some bushes and
work one off'

'Quite often I'll masturbate 3 or 4 times a day when I cycle, I don't know what it is, but it works for me'

'Maybe it's the saddle and the constant friction, I don't know but the thought of someone else involved is just repulsive'

'All I need is a bicycle and some bushes'

A PROCESS

Too fucked, too drunk, too fucking stoned, too far away from harmony to give a fuck about Heaven, I write poems instead

THE DROOPER

'Wow! I'm sorry, I mean, it's not you, it's me!' I said pathetically, confused and disappointed

'Look, don't worry, it happens, it's the alcohol' she kindly said

'I've been drunk for years and I've been fucking for years and this has never happened to me before!'

I was embarrassed and in shock

'Please, it's nothing, lets wait until morning then see what happens' she suggested

By 7am I was fully restored and by 8am we had sexually exhausted one another and lay satisfied as others were making their way into offices, factories, buses, trains, building sites, shops

'Would you like some wine?' I said 'I've a bottle in the fridge'

'Wine is the most important drink of the day' she replied and I knew we were making it good

THE ACCEPTANCE

He told me that one time when we were drunk, I became aggressive, provocative and that I threatened to beat the shit out of him

I told him that I couldn't recall that evening and apologised for my behaviour

He accepted this and then I told him if he ever mentioned it to me again I'd beat the living fuck out of him

He accepted this and we shook hands

THE CUCKCOO

When the police raided the property, they found 6 machetes, a large quantity of heroin and cocaine, two persons sprawled unconscious on a sofa, a large sum of cash and 2 teenage boys hiding in the loft, who had been reported missing a couple of weeks earlier

The official tenant was not present and would not be found until 2 days later when a dog walker found her body hanging from a tree in a local woodland

SHE IS BEAUTIFUL

My face just a few inches from her pussy, her legs spread wide, she is beautiful

And I watch as she masturbates and climaxes

Daylight fades as her moans of pleasure tremble into its vastness and people begin to make ready for the evening

She quietens softly and lies still as I move and wrap my arms around her and my neighbours close their curtains and lock their doors, shutting out the world

She is beautiful, the street lighting sprinkles into being and small garden birds have fallen silent as she brings me between the moment of life and death

OCCUPATIONAL HEALTH

Ten minutes of questions and answers about my lower spinal pain and how I was dealing with it: exercise, codeine, valium

'I need to ask you some further questions, company policy' she said

'Okay' I said

'Are you married and do you have children?'

'Yes, what about you?'

A moment of silence

'Do you have any issues with sleeping?'

'No, your phone call woke me up'

I heard a deep sigh

'Have you ever taken recreational drugs?'

'No' I said, holding the phone at arms length and taking a hit on a fat one

'Do you drink alcohol?'

'I can't abide the stuff'

'Do you have any hobbies?'

'Yes, I draw pictures of Billie Holiday and make paper boats'

'Do you regularly engage in physical exercise?'

'Yes, but that's a private matter'

I heard another sigh

'Have you any issues that are currently impacting upon you?'

'Yes, the cruelty, the callousness, vileness, the murderous greed of the human race, global warming, poverty, the poisoning of oceans, the destruction of forests and my wife is really pissed with the postman who keeps walking across our front lawn'

She let go a faint laugh and then finally said:

'Okay, we're done, goodbye'

SUMMER DEW

Her eyes closing as if in slow motion, her being stretches, reaching for something that isn't there, tense and beautiful, almost heavenly, lost in moments beyond pleasure, then, she relaxes, breathes heavy and embraces me, warm as summer dew

THE ANTICIPATION

I watched the beads of perspiration trickle down between her breasts

We'd spent one another and we had no more words to say

We lay quiet, safe in our own thoughts, anticipating the moment of goodbye

THAT SCARED US

Our entwined silhouettes give way to darkness, we cling to each other in the potential consequences of the moments we had shared, that had made us lovers

The future is always uncertain, except for death, we knew this

Even back then it was life that scared us, not death, and nothing has changed ever since

THE NAVIGATION

Gentle to the touch, softness of voice, she lay draped like a flag across my lap

I stroked her hair and trailed my fingers slowly across her face like a long-lost treasure just found

I spoke silently to her warmth and imagined that we would love eternal but I knew she didn't want this

She knew it wasn't real but let it go and allowed me to navigate the way to our loss

BEGINNING TO END

Beauty is waking up, wisdom is knowing you are awake, and truth will tell you that you are fucked

A POEM FOR NIKKI

The couple had applied to adopt a dog from an animal rescue sanctuary

They were scrutinised, their home was visited and lengthy conversations took place and they were accepted and introduced to Nikki, a gorgeous abandoned 2 year old labrador

The couple were reported to have fallen in love with Nikki instantly

They took Nikki home and within hours, beat her to death with a metal pole, skinned her and then ate her for dinner

A couple of days later the sanctuary visited to enquire as to how Nikki was settling in

Instead they found her organs and body parts strewn about the dirty kitchen and in unwashed cooking pots

Initially the couple denied any wrong-doing and said that the dog had run away

Later they were charged with animal cruelty and punished with a 10 year ban on keeping pets

I'm wondering right now how this poem makes you feel

Perhaps you wish I'd never wrote it, but this is a poem for a dog called Nikki that may haunt your thoughts now and then as she does mine

LISTEN TO ME SON

Back in the day, there were poetry readings in the back of 'The Pig In Paradise' and I became a part of this scene of junkies and drinkers and artists and wasters and burnt-out hippies

And one night, my proud drunken old man came to see his son read and he witnessed firsthand the obligatory applause and the nodding of heads and quiet whispers of 'bullshit'

When it was his turn, he shuffled onto the stage and slurred a sexy dirty-ditty and I witnessed a reaction unlike any I had ever seen before

Voices were raised in protest boos and hisses were heavy beer bottles were thrown across the room

I ushered him offstage to safety and we were both laughing hard and I realized that he'd delivered something that was seen as unacceptable, a punch to the face of decency, seen to be way below the sterile stagnant standards of all without a sense of humour

And on this very rare occasion, my father became my teacher and my hero

LOOKING THE OTHER WAY

I looked away,
I couldn't look at her,
I didn't want to see
the pain, the hurt,
the sorrow and
resentment,
not again,
in her eyes

'You fucking look at me!' she screamed

I lifted my hung-over head and obliged

I saw the anguish, the feelings of betrayal and disgust falling in heavy droplets from her beautiful eyes

After some time, she became quiet and composed saying softly, 'I love you' before she began to weep anew

I looked away, down at my feet and listened to her sadness as the world kept on spinning, knowing it was only time or heaven that may have a chance of healing such a wound, as evening began its descent and I was thankful as always, for the silence that followed

THE HOME

I wanted more, I was blinded with ideals; she knew what she wanted and I wasn't part of it

I held onto a corpse for a long time, endlessly trying to resuscitate it

Finally I gave up and was stabbed with a freedom, and I fell in love with everything, and I buried myself in poetry and drugs and alcohol and when I finally crawled out, I found the universe in the eyes of a woman who saved my ass by crafting a world that became my true home

THE RATTLE SNAKE

She would have fucked a rattle-snake, crawled through sewers and walked across roads of razor blades and drowned herself in the vilest nests of abuse and she did, for a hit, for a high, for some kind of warmth and affection. something that made her feel real and alive and it all came to nothing in the end

She was so much more than this but she was blind to her own beauty, a prostitute to her addictions, a saint of the streets martyred in a derelict building, holes shot through her arms, trickling blood with her eyes still shining

RUBY

He lived with a pigeon, his entire apartment was covered in bird shit; he dealt good hash but it was a horror, no surface was left untouched

It didn't seem to bother him and the fucking bird would walk and fly around pecking and shitting everywhere

No doubt he loved that pigeon, it would roost upon his shoulder as he cut your purchase

He made it with a woman one time and she told him, 'That fucking thing has to go or I do'

So she left, which was a shame, as she had a nice ass and she didn't shit all over the place

When the bird finally died, it destroyed him, and he moved back in with his parents with volumes of photographs of this fucking pigeon he had called Ruby

NOT TO SLEEP

Delicate
as a shaggy
meadow mist,
she rests,
weary,
in my arms,
not to sleep
but to
shapeshift
every time,
into my
muse

GETTING INTO IT

'What do you mean, your Muse? Duende? You refer to it as female' she says

'It is' I tell her 'Duende, the spirit, the Muse'

'You know she's there when you write?' she asks

'Without her I would never pick up a pen' I say

'What's her name, this Muse of yours?'

'Carmelina' I reply

'You live in a fucking dream world' she said and I didn't argue

THE ALPHABET ADVICE

Now, after 4 decades I cannot remember his name but I still remember some advice he once offered

'When you go down on your woman, write the alphabet with your tongue and by the time you get to M she'll be satisfied no bullshit'

He was right, and I've kept to this advice ever since, never reaching beyond the letter J

TANGLED

Shapes blended, bodies wrapped and tangled like barbed-wire, time had temporarily stopped in the sparse, cheap rented room

The invisible calendar shredded and strewn across the floor like the abandoned clothes of lovers

Evening would envelope them and morning would release them into a world unaware and uncaring of their fading silhouette

THE BEAUTY & OBSESSION

It was the promise of fondling a big pair of breasts that led to me getting arrested

My father laughed his ass off when I explained that she'd given me an obviously forged prescription to present at the chemist and that when I came back with the goods, I'd have ten minutes of handling, sucking, licking and caressing her lovely breasts

He nodded, grinned and then he said 'I would have done the same'

We lifted our drinks

'To the beauty and the obsession that men have with women's breasts' he said

We drank deeply as his wife looked on through codeine smudged eyes, shaking her head and playfully cupping her breasts as if protecting them like babies

NO FUCKING

He followed me into the urinals and stood behind me as I pissed

'I hear you think you're a tough guy' he said

'Maybe you've heard wrong' I said, finishing up and walking over to the wash basins

'Just don't fuck with me' he said

'I'm not going to fuck with you, but maybe, your girl' I told him

'Maybe you'll try' he said

'Yeah, I might do' I said

'Maybe I'll fuck with your girl' he said

'Okay, let's not do any fucking tonight' I offered as a suggestion

He nodded

'No fucking' he said

'No fucking' I said

EVERYWHERE

For several moments afterwards as we lay satisfied, listening to our deep breathing and the dull hum of passing traffic going nowhere and everywhere, she said:

'You certainly weren't the first and you certainly won't be the last, but I'll always remember you'

'Thanks' I said, just before I fell asleep

She was gone before I awoke; a one-nighter, not even knowing each other's names

She was petite, pretty, with short brown hair, hazel eyes, small soft hands and she has a smile, so natural, so real, so true, that's what I remember of her these 30 years on

She'd be 60 or so by now; she may even be dead, she may not be and I really don't care

We were strangers, then, now, and forever

But she's with me tonight, in heaven or hell, it doesn't matter; it's just the being together somehow that counts

THE GOLD MINE

'Her pussy is a gold mine, her fingertips are velvet flowers' I'd written

'What is that bullshit? What the fuck does that even mean? Gold mine pussy? Velvet fingertips?' she said after reading a poem that I had dedicated to her

I didn't know what to say and then she started laughing

I looked on feeling dumb and foolish

After a few moments she leaned in closer

'Thank you' she said 'That was nice. Now come here, the gold mine is all yours...'

NO REASON

We'd been drinking for three days, we'd hardly slept or eaten, and we'd just opened a bottle of wine when he came at me, I don't know why

The punch to my face came from nowhere and I sprung back in shock before firing three punches in return and he hit the floor and through his cut lips began laughing

I sat down beside him, pouring two glasses, blood seeping from my nose, discolouring the wine as the sun began her descent, and we embraced and waited for something else to happen

A GOOD NIGHT OUT

'I got home about 3am, I was slaughtered, booze, cocaine and grass, I was good, I was alive, you know, so I put on some sounds and then passed out' he told me

'A couple hours later I came to as my front door was being smashed in'

'I got up to see 4 police officers walking towards me'

'One of them turned off the deafening music, another began exploring my apartment whilst the other two explained to me that they'd been called numerous times about excessive noise'

'I knew I was fucked; I had several healthy marijuana plants growing in the bathroom'

'I was busted for anti-social behaviour, noise pollution, breach of the peace and cultivation with intent to supply'

'I was handed a hefty fine and 100 hours of community service work, plus two years probation'

'It was just bad luck at the end of a fucking good night out'

HITTING HOME

The wine is hitting home and it's a good place to be right now

At home with a couple of bottles of chardonnay and the poems are offering themselves up like cheap whores or fallen angels taunting and teasing like a 1950's censored Elvis

The wine is hitting home as millions of strangers around me starve and fall victim to oppression and injustice and abuse, as animals are hunted and forests are burned and oceans are poisoned

It's a good place to be, as the wine hits home, numbed and fucking useless against the relentless mad swirl of it all

Just for a while, as the wine hits home, it's a good place to be

THE FUCK-UP AGAIN

'I offered myself, you know, or a blow job and he told me that it wouldn't even cover the interest on my debt, and I blew him anyways to sweeten him up because I didn't have any cash and he gave me a bag to keep me straight and I owe him even more now'

'I don't feel good about this, but what else can I do? I'm fucked, I need help' she said

And that was true but I was on the bum for some wine and some codeine and I didn't give a care about her fuck-up

And I walked away, trying to ignore her voice, calling out after me like a desperate beggar, a stranger, much like I was myself

EXPLODING TROUSERS & THE TRUTH

'I really don't want to go' she said

I had also been invited to the wedding reception but declined instantly

'If I don't go, she'll never forgive me' she said

I looked at her and shrugged my shoulders

'Phone her and tell her that you hope it's all going great but you really can't be bothered with it all'

'I can't say that!' she said

'But it's the truth' I said

'I know, but I can't do that, what can I say?'

'Okay, tell her that there has been a sudden explosion in my trousers and that when you've stopped laughing you're going to have to help me out with it and won't be able to attend the party' I suggested

She laughed a little and said 'That's just being silly'

'Not being able to tell a close friend the truth is silly' I said, grinning while rolling a joint

'I better start getting ready' she said, walking off and no doubt thinking of my exploding trousers

IN OUR 20's, A DRUNKEN EARLY EVENING

I would guess that she had her reasons for her actions

The heavy glass ashtray thrown in semi-darkness was a quality throw and opened up a deep gash across my nose

I picked up the nearest object, a cauliflower, and threw it back towards her screaming, missing my target by a long shot

I felt the warm blood streaming down my lips and chin as I began to laugh

She moved in darkness and switched on a light and began crying and apologising as she looked at my face and then behind her at the shattered cauliflower upon the floor and then knelt down and embraced me, kissing my bloodied face, diluting the red with her tears

NOT WANTED

We arrived at the police station stinking of a 4 day riot of booze, hash and assorted other drugs and we were in no mood to be fucked-about with

'Let me see now' said the front-desk officer, looking down at some paperwork

'And who are you in relation?' he asked

'I'm his son' I replied

My friend meanwhile was still incapable of speech and just stood there smiling dumbly

'Okay and you're going to take him home, out of our town and back to his own town yes?' the officer asked

'Yes sir' I replied

15 minutes later he was released without charge, singing lines from 'Folsom Prison' as he shadow-boxed his way into the streets of a town he wasn't wanted in

A ONE TIME YOUNG MAN'S BLUES

'You'll have to get rid of it' she said in a harsh whisper to her daughter

And then, looking at me with cold steel eyes of resentment and disappointment she said:

'And you'll have to pay for it'

I walked out of the bar in silence, leaving the two of them alone

We were teenagers and we were in love; she was seventeen and pregnant and months away from a university dream; I was eighteen and a factory worker with no ambitions

But we saw it through; I raised the money and visited the private clinic that was way out of town

It was a sad place full of sad and ashamed faces of young women and we were in love and we held hands and I wanted to say things to her that would be of comfort but I didn't and I couldn't; I was sad and I didn't know what to say

After a short while at university she brought me a copy of Kerouac's Scattered Poems and she said goodbye forever

That was three and a half decades ago; I still have the book but the inscription she wrote has since faded

Faded like a heartbeat never heard, even once

NO HANG-UPS HERE

Mostly I feel uncomfortable and irritated while in the presence of the living but here amongst the dead, I'm strangely calm and most at ease

There are no hang-ups here, what went wrong in life remains and what went well in life remains in equal measure

There are no hang-ups here, no competition, rich or poor, lucky or unlucky in life; all here are equal once again

Before me stand 2 headstones, 2 guys who barely made it past 50, but both were sons, husbands, fathers and grandfathers in their own time

And of course I can't help but think of my own impending end but mostly I just feel indifferent

The graves are both adorned with cherubs and angels and buddhas and plaques of sentimental words

Plastic flowers and cheap solar lighting but all of it with a certain quiet

There are no hang-ups here, it has all already been done

THE BALLS OF JAMES DEAN

Somewhere, sometime ago I'd read an account of when director Elia Kazan introduced the bright young star to the cast and crew of East Of Eden

And how he'd walked up to them each in turn, fellow actors/actresses, lighting, sound, scenery, and camera operatives, producers, script writers, catering crew, costume, etc, and pushing his beautiful face close to theirs, fixed his stare and spat 'Fuck You!' to every one of them

'Fuck You!' he spat, and then onto the next 'Fuck You!'

Now there are times when I wish I had the balls of James Dean, on a Monday morning, fresh back at work, venting such feelings to the many soulless assholes I encounter on a daily basis

But I'm no rebel; rather, these days, not even a giant of invisible inconsequence

AN OUTLAW IN THE MAKING

My dear mom is something just short of being clinically obsessed with the cleanliness of her house and one of her blinding golden rules is under no circumstances are OUTSIDE shoes to be worn INSIDE the house

If the fire-fighters were needed, mom would force them to remove their boots before entering to deal with the flames

The rules are drilled into you from a very early age

My nephew is 5 and he is very bright and forward thinking

A little while ago, he was playing out in the back yard when he needed something from INSIDE the house

Without hesitation, he strolled INSIDE the house still wearing his OUTSIDE shoes

His mother reminded him 'Samuel, you know you're not to be wearing your shoes INSIDE the house'

Without pause in his stride or even turning around he said 'Well, I am' and carried on walking INSIDE the house still wearing his OUTSIDE shoes

There came a stunned silence, wide eyes and mouths agape, and a sense of disbelief from all witnesses

And when told of this I laughed and laughed and nodded my head

5 years old and already an outlaw in the making, doing things his own way despite the rules

I raise a glass

TAKING THE PISS

'I hear you think you're a tough guy' Eddie said as we stood together at the urinals, 'that's bullshit'

'I'm the toughest' I said, grinning in reply

Eddie finished, zipped-up and waited for me

I finished, zipped-up and walked over to the wash basins, looking at Eddie in the mirror

He stood still, watching me wash my hands

'You going to wash your hands Eddie?' I asked

'Fuck no' he said

'Then don't ask me for a dance later' I said, grinning

Eddie laughed nervously and said 'I don't dance'

'Well, fuck-you' I said and waited for his next move

He stepped over to the wash basins, washed his hands while looking at me in the mirror

'Maybe later' he said

'Maybe' I said

RESTLESS & HUNGRY

3 decades ago we were restless and hungry and we fucked and fooled around at every opportunity without hesitation; morning, noon and night

In caravans, tents, on top of buses, in trains, guest rooms, hotels and motels, bathrooms, kitchens, hallways and alleyways and subways and parks, cinemas, gardens and theatres, and of course, countless bedrooms

And Jesus, between
the two of us, we had
an adventurous and truly
wicked imagination;
rocking and rolling
mid-afternoon in a
cold-water apartment,
the sun gushing into
the room and caressing
your naked ass as
I held you tight
from behind

And then the door bell rang and it rang relentlessly, viciously and without mercy and we pulled away from each other to answer the door to my drunken old man with a smile and an armful of stolen goods wanting somewhere to hide it for a while

SHARKS & BUTTERFLIES

We were talking about butterflies and how some species migrate thousands of miles annually, moving at speeds of up to 30mph and riding the swirling thermals and forceful winds

'The power and intelligence of these delicate creatures can be comparable to that of the great white shark' I said

He smiled wide and nodded his head slowly in apreciation

We were stoned on a mix of potent hash and Valium, our eyes mere slits, our throats bone dry, our minds and bodies saturated with a heavy peacefulness that made discussing the beauty and wonder of butterflies and sharks in the same breath as something that felt really quite natural

And in that moment, the silent TV screen showed the aftermath of a suicide bombing, somewhere in the beating heart of the world

THE NOSE JOB

'The bone structure of your nose is completely abnormal, have you experienced a facial injury?' the ENT doctor asked

'As a young man I was involved in countless physical altercations with guys who seemed to hate my nose' I replied they'd punch it, kick it, pulled and twisted it, spat at it and shouted abuse at it; really they just hated my nose'

'I see' she said concealing a grin

'I don't get involved in those scenes nowadays' I said reassuringly

'That's good' she said unimpressed

'Chances are you've treated some of my opponents' I said, smiling

She didn't respond as she tapped away on her keyboard

'Goodbye Mr Robinson, the results will be sent to you' she said without looking up from her screen

THE OPPRESSIVE ONE

'I find it oppressive when you don't talk to me, I mean, 20 miles and you've barely said a word to me; it's uncomfortable' she tells me on our way to work

It's just barely 07:30, my meds haven't quite kicked in, and I've smoked just one joint and drank one cup of tea and talking bullshit small talk isn't my kick anyways but at this hour it's way beyond my interest or energy, even from the one closest to me in this world

'What shall I talk about?' I asked her

'I don't know, something' she replied

'Did you know that the ostrich is the only bird that shits and pisses separately?' I asked

'Fuck me!' she screamed, shaking her head and welcoming the silence that followed

THE FOOTSTEPS

Everything is as it should be, everything is here, except for you and that changes everything

Bessie the dog is sad-eyed, the cats are all sulking, the radio sits quiet, the TV is off

Your absence strolls around the house; I can feel you moving past me

Evening has noticed, its autumn presence falling like a soldier weary of war, putting down his weapon and laying down his head on the earth to hear your footsteps

Finally coming home, knowing everything will be okay

THE ASS OF GOD

Patricia stabbed Ronnie 3 times in the stomach but he survived and they got divorced

Texas was a one eyed manager of the 'Dripping Spring' and after 3 years he hit the road with 18 months of takings

Ruby was held hostage for 48 hours and forced by a fuck-freak into sex acts her modeling career had never anticipated

Julian was a junkie and bisexual and a talented artist who committed suicide by heroin after his partner had died of AIDS

Monkey Dave, the hash dealer, died of a broken heart after learning his beautiful wife was being fucked senseless by his friends and customers

Linda, also a drug dealer, was sexy and wore short skirts and tight white panties and low cut blouses and died of cancer aged 45

Niko was a junkie and we all assumed that he'd die of O/D but cancer beat his ass aged 44

Ricky was a sweet kid but a methamphetamine induced heart attack took him aged 29

Sailor Al was stabbed to death in a hovel, Gordon froze to death on the streets, and Mick the Karate survived 4 gunshot wounds and even lived to take his revenge

Tony, the street drinker, told me he was going to shove this life up the ass of God

SHE WAS LOADED

Earlier tonight, Miles Davis' take of 'Time After Time' came from my radio

And the last time I heard that tune was one night when a self-destructive friend knocked at my door

I could see that she was loaded and she opened up to me

I could have easily taken advantage but just rolled us joints and poured some wine instead

When I awoke the next day, I was all alone and the next time I saw her was in a casket

And I walked away from that funeral as I have so many others, time after time again

YOU KNOW HER

30 years younger and I imagine her petite physique safe next to me, to hold and protect her from what lays ahead

The predators, hunters, perverts, charlatans, conmen and freaks that are sure to be lurking in the filthy cracks and crevices wherever she treads

I'll be a distant memory soon, one of many faces in her life thus far

You know her, she may be your daughter, sister or friend

But you know her and maybe once you were also her yourself

POETRY FREE

Every 6 or 7 weeks I decide to make it a poetry-free-day

I won't respond to poetry emails, I won't read any poetry or work on poetry books or broadsides or answer interview questions

I won't open poetry packages arriving in the post or respond to texts or phone calls re: poetry

And today was supposed to be a poetry-free day

And I did well, for the most part, creating a collage and watching 'Way Of The Dragon'

Until after a few glasses of wine, I fucked it up and wrote this poem

MY EDITOR

'You have used the word 'cunt' 7 times in this poem; is that really necessary?' my wife questioned

I informed her of whom the poem was about

'You're right, it's absolutely necessary' she said

HOLDING HANDS

'Don't worry now, it's okay' she offered

But it wasn't that simple; it was just the beginning

She knew it too, of course, but she just couldn't bring herself to admit it

It wasn't okay, and I knew it wasn't

'I know' I lied and we lay together quietly, our minds chasing their own separate journeys

Our pathway had ended and we both knew this deep down as we held hands for the last time

STILL WATER

I saw him sat on a park bench overlooking a lake; it was 10am, and he was drinking vodka and gazing out across the still waters

I moved by quickly, quietly, making sure he didn't see or hear me

He's my oldest and dearest friend, peaceful and gifted, silently killing himself in the sunshine but he'd tell you that life is beautiful and we are all in samsara and that there is nothing really ever to worry about

When you're drunk by mid-day, there isn't much to worry about and life can be beautiful until you have to do it all again the next day

FOR A TITLE

I really don't give a fuck about how others think of me or my work but I'm not so insensitive

And would like to think that a few souls would say something like 'he was a fine human being who loved children and animals and nature, a gentle spirit and spiritual guy who scribbled poetry'

That would be nice but I think I'd prefer 'he was a codeine swallowing, hash smoking, wine drinking, no bullshit son of a bitch'

LIT COMBAT

'Usually, there are 8 or 9 of us and we read some of our poems each in turn, mostly our own efforts, and the listeners offer up comments, highlighting strengths and weaknesses, how the work made them feel'

'Are there many fist-fights?' I asked

'No, no, no' he replied 'we're all very civilised'

'Oh, I see' I said losing all interest instantly

A GOOD SUGGESTION

'What the fuck is wrong with you two?' one of the police officers asked

We were sat on the floor, propping each other up and grinning beneath our bloodied and bruised facial injuries, maybe we were even holding hands

'You morons waste too much police time' said one of the officers

We began giggling and helping one another onto our unsteady feet

'Just kill each other quietly' one of the officers suggested

It was a reasonable request and it made sense to us so we sat back down and started arm wrestling

NAILS IT DEAD

I know life can be cheap, precious, and fragile

Even with love, time is a chain of wasted moments, thrown to oblivion like scattered bird-seed without a thought, footsteps tread within a world of blandness and dead-ends

Love doesn't always save your ass; sometimes it nails it dead

Love won't save your ass, least of all from yourself

SHAKE IT

'I stumbled into the kitchen about 8am and saw an attractive young woman dressed in just a tee-shirt, opening cupboards and rummaging about

'Good morning, where is the coffee?' the smiling stranger asked

'On the shelf there' I said, smiling back

'Thank you, would you like some coffee?' she asked

'Yeah' I said, 'What's your name and what are you doing in my kitchen?'

And 25 years and 4 children later, she leaves me for my asshole brother, who she's been fucking these 3 past years behind my back

I still love her and I hate myself for that; he's my brother and I want to kill him, and I've told him first chance I get that I will

But that first morning with her, all those years ado, let me tell you, it was so, so beautiful and it's still a part of me to this day

It fucking haunts me and I just can't seem to shake it

WHAT IS IT?

It was hard to guess how old he was; he looked ancient as he shuffled to the counter with a £5 note

'How can I help you?' the cashier asked

The question seemed to fuck him up; he couldn't remember what he was wanting from the store

'Cigarettes? Tobacco?' the cashier asked

He shook his head, frowning, trying to think of what it was that he'd wanted

'Lotto ticket? Scratch cards? Stamps?'

Dumbfounded, he could only shake his head

Meanwhile, a few people were getting pissed-off, cursing him beneath their breath; a few others in the queue called out their own helpful suggestions

'TV guide? Vapours? Matches?'

Again he shook his head, looking puzzled and confused

'A pack of rubbers?' I suggested, stepping up

He shook his head and laughed a toothless laugh and then said, 'I've got a couple of packets left over from the 1970's in the bedroom cabinet, but I'm buggered if I can think of why I'm here'

'Good luck' I told him

'I can't remember the last time I had some of that' he said

ORDINARY FOLKS

The apartment was small, cramped, grim, unkempt and a lingering staleness dampened the air

He was in his mid 50's and was dying of alcoholism

His daughter was in her early 20's and made a living shooting porno in sleazy back rooms with perverts, drug dealers and other desperado types

She told me they were 'good, ordinary folk and didn't need no fucking help from anybody' as she pouted, flirted and smiled at me with dismissive eyes

The old man just sat sipping brandy, staring out of the window and smoking a cigarette

He didn't say a word the whole time I was there

2 weeks later, he was dead and she scurried off to the city, seeking her fortune in the sex trade

Ordinary folks was what they were

IT SOUNDED GOOD

Coming from the seeds of a seaside drunk and a regular school cook, I had a head start on some I guess but it didn't always feel this way, as when the tutor would ask each pupil on their father's occupation

Okay, I was spoilt with four choices: drinking, gambling, fighting, and incompetent burglary

While all around I heard things like builder, shop-keeper, labourer, policeman, factory worker, taxi driver, and so on

Now and then a boy would say 'He's in prison' prompting sniggers of hushed laughter

And I knew how that boy was feeling, not ashamed of his father, but not knowing him either, like the other boys with more conventional parents, but still loving him just the same

And when asked on my father's occupation, I would sometimes answer 'he's an anthropologist'

It sounded good but I didn't know what an anthropologist did and neither did any of the other boys

And the tutor would smile through a puzzled frown before moving on to the next boy

COWBOY HATS AND RAILWAYS

Another time,
Drunk on wine
and beer and high
on hash, both of us
wearing these ridiculous
oversized Stetsons,
he dared me to climb onto
the railway bridge and swing
above the railway tracks
and it didn't seem to be
a bad suggestion
at the time

And as I dangled from the iron bridge above the tracks, I thought of a time when I was 8 or 9 when he had passed out drunk and I didn't know where we were and I couldn't wake him up and I shouted and kicked and punched him with tears in my eyes and he just wouldn't fucking wake up

And I just walked away, leaving him in a blackout and somehow I managed to find my way back home and my mother hugged me like she never had before or since and my father returned home a few days later

And I hung from the bridge above the railway tracks and he climbed up to join me and we sang a few songs until our arms tired and we decided to climb back down

And we both threw our Stetsons down onto the tracks and went off in search of another bar

THE PROFIT

'I don't care what you write anymore; no, I don't mean that, but everybody is making a profit out of you, don't you see it?'

'Tell me, whose the mug? They publish you, right? They send you 5 or 10 copies of the book and you give these away, right? But the publisher, they sell their copies, right? And that doesn't bother you, does it?'

'Right' I said

'Right' she said

MEANT SOMETHING

'It's what you said afterwards, that really meant something' she said to me as we both lay quietly side by side

I lay silent, still, just trying to remember what the fuck I'd just said, but my mind was wet sand, a mesh of blurred pictures and splinters of brokenness, drunk and high as I replied 'I meant every word'

She leaned in then, kissing my face and spreading her nakedness out across my own, merging seamlessly like heaven and hell

GIVE ME A PEN

Give me a pen without guilt without fear

Give me a pen with grit with balls

Give me a pen without prejudice without ambition

Give me a pen with blood with fire

Give me a pen without regret without longing

Give me a pen with freedom with heart

And I'll give you a poem you can blow up your ass